

BLACK HOLE BODY PIERCING

AFTERCARE for BODY PIERCING

Thank you for choosing Black Hole for your body piercing. We know you have a choice of studios and we sincerely appreciate that you put your trust in us.

Congratulations! Your new piercing was performed by a Professional Body Piercer in a clean, safe environment, using aseptic techniques and the best body jewelry available. Now... it's up to you to take care of it!

By following these simple suggestions to take care of your new piercing, the healing should go smoothly.

- Understanding how your body works is important to successfully healing a new piercing. Maintaining a healthy mind and body will help in the healing process.
- Rest, a consistent cleaning routine, a low-stress lifestyle, a healthy diet, including plenty of water, and a positive attitude are all factors that contribute to a healthy, healing body. Also, taking a multivitamin containing Zinc and Vitamin C can boost your body's healing abilities. Sickness, stress, and fatigue will have a negative effect on the healing of your piercing.
- Make sure your bedding, eyewear, and anything else that may contact your new piercing is clean.
- If you feel your piercing is infected, contact us or a physician right away!

WHAT TO EXPECT

Your new piercing MAY:

- BLEED a bit or be swollen for the first few days. A cold compress and/or ice will help reduce swelling and slow bleeding.
- BE TENDER, ITCHY, or even BRUISED for a few weeks
- SECRETE a whitish-yellow fluid which may dry on the piercing. This is normal and will stop when the piercing is healed. DO NOT pick this with your fingers!!

WHAT TO AVOID DURING THE HEALING PERIOD:

- Avoid touching your piercing, except when you are cleaning it
- Avoid twisting, turning or moving your jewelry
- Avoid oral contact or contact with other's body fluids
- Avoid using ANY aftercare products that we did not suggest
- Avoid getting lotions, sprays and makeup in your piercings
- Keep out of lakes, rivers, public pools, hot tubs, etc.; however if you must go in the water, using Tegaderm (a waterproof, breathable bandage) is an option
- Do not remove jewelry, your piercing could close

TO CARE FOR YOUR NEW PIERCING YOU WILL NEED:

- CLEAN GAUZE OR COTTON PADS
- STERILE WOUND WASH SALINE